

Medical Commission Meeting Agenda

The World Sailing Medical Commission will meet at the National Yacht Club Dun Laoghaire in Ireland on Monday 3rd November 2025 between 10:30-13.30

- | | |
|---------------------------|----------------------------|
| 1. Opening of the Meeting | 7. Olympic Youth Games |
| 2. Minutes | 8. Water Quality Standards |
| 3. Anti-Doping Reports | 9. Quick Release Footstep |
| 4. Transgender/DSD | 10. Para Sailing |
| 5. Safety | 11. Safeguarding |
| 6. Formula Kite Weight | 12. Recommendations |
| | 13. Any Other Business. |

1. <u>Opening of the Meeting</u> a. Welcome from the Chair and Opening Remarks b. Apologies for Absence To note any apologies for absence. c. Declaration of Interests To receive any additional declarations of interest from Council Members
2. <u>Minutes</u> a. Committee Minutes To note the minutes of the meeting held 4th November 2024 at the Suntec Convention Centre, Singapore. b. To note any matters approved by way of circular resolution. c. Matters Arising To consider any matters arising from the Minutes not covered elsewhere in the agenda.
3. <u>Anti- Doping Reports</u> a. Testing Report 2025 (Including Adverse Analytical Findings / Atypical Findings/ Missed Tests/TUE applications and whereabouts filing failures) b. Education Report 2025 c. Testing and Education Plan for 2026 d. Risk Assessment for 2025 – 2028.
4. <u>Transgender/DSD</u> a. To consider further review and amends to the policy b. To receive a report from Dr Neb on DSD Developments across IOC/Other IFs
5. <u>Safety</u> a. To receive a report from Safety Commission representative Carmen Vaz Pardel b. To consider Medical Recommendations for High Risk Sailing Events c. To discuss other injury considerations
6. <u>Formula Kite Weight</u> a. To receive a report from Dayla Novot
7. <u>Olympic Youth Games – 2026 Dakar - Senegal</u> a. To consider any updates to Heat Study and Water Quality

Medical Commission Meeting Agenda

8. <u>Change of definitions for the primary and secondary contact in WS Water Quality Standards</u>
9. <u>Quick-release footstep Update</u>
10. <u>Para World Sailing Committee</u> a. Update and Report from para events.
11. <u>Safeguarding</u> a. Safeguarding Report
12. <u>Recommendations</u> To consider any recommendations the Medical Commission would like to make to the Board, Council or Executive.
13. <u>Any Other Business</u> a. Updates from Medical Commission members on their respective participation in different working parties b. Validation study – Sailing Specific Conditioning Exercises c. Medical Commission Work Plan d. Book on Sailing Medicine
14. Closing Remarks and Thanks